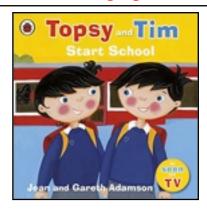
# Ideas for 4-5's

# Communication, Language and Literacy



Share books about starting school. Talk about the teacher, their name, which door they will go through, which friends will be there, what they will be learning at school.

Books about starting school can be found on YouTube and on the television to watch together.

### Maths



Numbers are all around us.

Look out for numbers as you walk to school, speed signs, numbers on doors. What number house do they live at? How old are they? There will be lots to find together.

## Physical



Showing the children how to dress themselves will support them as they go to school and they will feel independent and proud that they have dressed themselves. Give them plenty of time. Laying all their clothes out in order helps to know what to put on.

# Emotional and Mental Wellbeing



Starting school or nursery can be an exciting time. What about making a tick sheet to make sure you are ready to go and not forgotten anything? It can help us to feel organised.

