

Ideas for the under 2's

Communication, Language and Literacy



Children love to help themselves with dressing. Start by talking about what you are putting on, one arm, two arms, legs in, shoes on your feet. They will want to do it themselves, give them time to have a go!!

Maths



Count the clothes they are going to wear that day. We have two socks for your two feet, two shoes for your two feet, one jumper for your body, one pair of trousers for your two legs. Repeat when they get dressed each time.

Physical



Using all their body movements, using their arms and legs to make marks on the large paper. Using their bodies to move around on a large scale supports their early writing skills to develop.

Emotional and Mental Wellbeing



Spending time together!

Children love nothing more than having your time, engaging in play, taking their cue to what they want to do, chatting 1-1, giving the child time to answer, mealtimes which is a great time to have a chat about the day, what you have been doing. Really enjoy your time spent together.